

PREVIOUS MEET OF CHAMPIONS WINNERS

100

1970-Stan Finney, Hackensack*
1971-Dom Gratale, Don Bosco*
1972-John Spina, Ridgefield Park*
1973-Chuck Williams, Bergen Tech*
1974-Dodie Donnell, Hackensack*
1975-John Rizzi, Elmwood Park*
1976-Scott Taylor, Hackensack*
1977-Remo Biagnoni, Bergen Catholic*
1978-Charlie Marks, Englewood
1979-Brian Anthony, Englewood
1980-Roger Storm, Emerson
1981-Theo Smith, Bergen Tech
1982-Ben James, Hackensack
1983-Dexter Hairston, Teaneck
1984-Andrew Gordon, Teaneck
1985-Ron Blauvelt, Hasbrouck Heights
1986-Lamonte Brown, Demarest
1987-Lamonte Brown, Demarest
1988-Derrick Horner, Don Bosco
1989-Gerald Spears, Teaneck
1990-Jeff Somma, Lyndhurst
1991-Fred Campbell, Emerson
1992-Chris Hewitt, Englewood
1993-Joe Dawkins, Hackensack
1994-Joe Dawkins, Hackensack
1995-Joe Dawkins, Hackensack
1996-Mike Sabato, Wood-Ridge
1997-Cooper Rego, St. Joseph Regional
1998-Michael Jackson, Hackensack
1999-Chris Charles, Park Ridge
2000-Chris Charles, Park Ridge
2001-Ofori Koram, Ridgefield Park
2002-Miles Austin, Garfield
2003-Ulysses Encarnacion, Ridgefield Park
2004-Michael Ray Garvin, Don Bosco
2005-Michael Ray Garvin, Don Bosco
2006-Anthony Ferla, St. Joseph Regional
2007-Rashad White, Teaneck
2008-David Butler, Teaneck
2009-Raldaine McDonald, Englewood
2010-Conroy Walker, Hackensack
2011-Tarique Gray, Bergen Catholic
2012-Deandre Jennings, Hackensack
2013-Jabrill Peppers, Paramus Catholic
2014-Chris Estrella, Ridgefield Park
2015-Andrew Pierre, St. Joseph

100

200

1970-Stan Finney, Hackensack*
1971-Dom Gratale, Don Bosco*
1972-John Spina, Ridgefield Park*
1973-Chuck Williams, Bergen Tech*
1974-Elliott Butcher, Englewood*
1975-John Rizzi, Elmwood Park*
1976-Bob Darella, Paramus*
1977-Remo Biagnoni, Bergen Catholic*
1978-Charlie Marks, Englewood
1979-Doug Jackson, Hackensack
1980-Rich Wagner, Teaneck
1981-Rich Wagner, Teaneck
1982-Ben James, Hackensack
1983-Dexter Hairston, Teaneck
1984-Tom Sikorski, Indian Hills
1985-Anthony Preite, Lyndhurst
1986-Joe Johnson, Hackensack
1987-Mike Rios, Bergen Catholic
1988-Walter McCall, Hackensack
1989-Neil Luke, Englewood
1990-Jeff Somma, Lyndhurst
1991-Fred Campbell, Emerson
1992-Mike Burke, Leonia
1993-Joe Dawkins, Hackensack
1994-Joe Dawkins, Hackensack
1995-Joe Dawkins, Hackensack
1996-Mike Guazzo, Indian Hills
1997-Cooper Rego-St. Joseph Regional
1998-Dusty Thomas, Ridgewood
1999-Kiyon Harley, Paramus Catholic
2000-Chris Charles, Park Ridge
2001-Melvin Sampson, Hackensack
2002-Miles Austin, Garfield
2003-Kevin Thompson, Teaneck
2004-Michael Ray Garvin, Don Bosco
2005-Michael Ray Garvin, Don Bosco
2006-Donald Lee, St. Mary's
2007-Rashad White, Teaneck
2008-Damian Miles, Teaneck
2009-Conroy Walker, Hackensack
2010-Casey Pleasants, Teaneck
2011-Tarique Gray, Bergen Catholic
2012-Hayden Lyons, Tenafly
2013-Dalton Friend, Don Bosco
2014-Wankeith Akin, Don Bosco
2015-Wankeith Akin, Don Bosco

200

2016-Peter Guerriero, Lyndhurst
2017-Michael Huertas, Fort Lee
2018-Rayshawn Hammond, Hackensack

400

1970-Pete Luongo, Paramus Catholic*
1971-John Beemer, Hasbrouck Heights*
1972-Mike Tyson, Englewood*
1973-Jerry Wyche, Hackensack*
1974-Jerry Wyche, Hackensack*
1975-Carmine Bailey, Paramus*
1976-Joe Hurley, Don Bosco*
1977-John Brennan, Ramsey*
1978-Bill Harris, Rutherford
1979-Dave Aurichio, Pascack Hills
1980-Rod Wallace, Englewood
1981-Hank Boggio, Indian Hills
1982-Hank Boggio, Indian Hills
1983-Tom Sikorski, Indian Hills
1984-Jim Woods, River Dell
1985-Hector Carter, Hackensack
1986-Marty Cummins, Bergen Catholic
1987-Walt McCall, Hackensack
1988-Stan Finney, Hackensack
1989-Pat Leary, Old Tappan
1990-Willie Best, Hackensack
1991-Willie Best, Hackensack
1992-Courtney Davis, Hackensack
1993-Courtney Davis, Hackensack
1994-Chris Hall, Teaneck
1995-Walter King, Hackensack
1996-Nick DeVito, St. Joseph Regional
1997-Andrew Giannotti, Westwood
1998-Jacek Kwiatkowski, Wallington
1999-Joe Velazquez, Paramus
2000-Joe Velazquez, Paramus
2001-Adrian Durant, Teaneck
2002-Adrian Durant, Teaneck
2003-Ken Sinkovitz, Bergen Catholic
2004-Ramiek Jackson, Westwood
2005-Keith Williams, Old Tappan
2006-Tinashe Kitchen, Fort Lee
2007-Da'mon Merkerson, St. Mary's
2008-Hayden Duffy, Emerson
2009-Hayden Duffy, Emerson
2010-Kevin Condal, Hasbrouck Heights
2011-Bryan Murphy, Teaneck
2012-Damien Elliot, Teaneck
2013-Noah Lartigue, Don Bosco

400

2014-Dalton Friend, Don Bosco

2016-Peter Guerriero, Lyndhurst
2017-Rahmir Johnson, Bergen Catholic
2018-Rahmir Johnson, Bergen Catholic

800

1970-Rob LaViolette, Saddle Brook*
1971-Jeff Weicksel, Ramapo*
1972-Dan Veraldo, Pascack Valley*
1973-Mike Chiusano, Indian Hills*
1974-Rich Rothschild, Paramus*
1975-Rich Rothschild, Paramus*
1976-Rick Devine, Westwood*
1977-Roger Jones, Ramsey*
1978-Bill Leonard, Bergen Catholic
1979-Jose Berges, Paramus Catholic
1980-Jim DeLorenzo, Paramus Catholic
1981-Milt Rodriguez, Teaneck
1982-Mike Sheehy, River Dell
1983-Jim Siedliski, Pascack Hills
1984-Jim Siedliski, Pascack Hills
1985-Bob Cassavell, Northern Highlands
1986-Gaspar Terrana, Ramapo
1987-Eric Berntsen, Ridgewood
1988-Matt Giffuni, Ridgewood
1989-Rob McCafferty, Rutherford
1990-Rob Seidel, Paramus
1991-Brian Barry, Don Bosco
1992-Brian Barry, Don Bosco
1993-Bob Keino, Ridgewood
1994-Bob Keino, Ridgewood
1995-Brendan Stickles, Glen Rock
1996-Tom Redmond, Bergen Catholic
1997-Tom Redmond, Bergen Catholic
1998-Rick Lehmsbeck, Don Bosco
1999-Josh Kauke, Ridgewood
2000-Josh Kauke, Ridgewood
2001-Rob McKay, Don Bosco
2002-Samir Mane, Fort Lee
2003-Matt Filandro, Indian Hills
2004-Byron Williams, Ridgewood
2005-Niall Buckley, Ridgewood
2006-Sharif Webb, Don Bosco
2007-Niall Buckley, Ridgewood
2008-Christian Trautwein, Ridgewood
2009-Dayne Mosconi, Tenafly
2010-Brad Paternostro, Ramapo
2011-Patrick Rono, Lyndhurst
2012-Frank Amoresano, Glen Rock
2013-Ben Malone, Pascack Valley

800

2014-Marc Rienas, Old Tappan

2015-Mike Bessette, Paramus
2016-Thomas Rienas, Old Tappan
2017-Evan Bonfield, Mahwah
2018-Wellington Ventura, Cresskill

1600

1970-Chris Elliott, Ramapo*
1971-Bucky Miller, Northern Highlands*
1972-George MacKay, Pascack Hills*
1973-Jerry Carney, Paramus Catholic*
1974-Clark Woods, Pascack Valley*
1975-Kevin Byrne, Bergen Catholic*
1976-Roger Jones, Ramsey*
1977-John Jacobus, Saddle Brook*
1978-John Malone, Bergen Catholic (1500)
1979-Mike Fezza, Cresskill (1500)
1980-Mike Fezza, Cresskill (1500)
1981-John Pedati, Queen of Peace (1500)
1982-Steve Schadler, Bergenfield
1983-Steve Schadler, Bergenfield
1984-Steve Schadler, Bergenfield
1985-Harry Carle, Bergen Catholic
1986-Jeff Brown, Northern Highlands
1987-Chris Rae, Ridgewood
1988-Matt Goodman, Dumont
1989-Rich Wisse, Saddle Brook
1990-Moses Mekbebe, Cliffside Park
1991-Moses Mekbebe, Cliffside Park
1992-Bob Keino, Ridgewood
1993-Frank Baldassare, Ramapo
1994-Eric Castillo, Ridgefield Park
1995-Bret Wask, Westwood
1996-Steve Kaye, Northern Highlands
1997-Tom Baldwin, Hackensack
1998-Cary Snyder, Demarest
1999-Tom Baldwin, Hackensack
2000-Matt Collins, Ramsey
2001-Spencer Rothwell, Old Tappan
2002-Matt Horesta, Don Bosco
2003-Ari Zamir, Ridgewood
2004-Ari Zamir, Ridgewood
2005-Ryan Madrid, Paramus Catholic
2006-Mike Cator, Ridgewood
2007-Charles Goold, Rutherford
2008-Mike Mitchell, Bergen Tech
2009-Brian Cleary, Ridgewood
2010-Phelan McCormick, Don Bosco
2011-John Prizzi, Indian Hills

1600

2012-Domenick D'Agostino, Wallington
2013-Chris Mascetti, Hackensack

2015-A.J. Hall, Pascack Valley
2016-Jack Kerin, Indian Hills
2017-Caleb Shaia, Bergen Catholic
2018-Jonathan Marcus, Fair Lawn

3200

1970-Bill Mahon, Bergen Catholic*
1971-Kevin Conheeney, Hackensack*
1972-Bucky Miller, Northern Highlands*
1973-Tim Conheeney, Paramus Catholic*
1974-Rich Stukeley, Teaneck*
1975-Peter Marzan, Park Ridge*
1976-Bob Heller, River Dell*
1977-Scott Sarnoski, Bergen Tech*
1978-Scott Sarnoski, Bergen Tech (5000)
1979-John Murphy, Teaneck (5000)
1980-Ian Leavesley, Mahwah (3000)
1981-Rich Byrne, Ridgefield Park (3000)
1982-George Gusciora, Saddle Brook
1983-Rich Hubbard, Hackensack
1984-Harry Carle, Bergen Catholic
1985-Ralph Nickl, Old Tappan
1986-David Greenblatt, Teaneck
1987-Jason Kaplan, Westwood
1988-John Lauria, Paramus Catholic
1989-Ken Flynn, Ramsey
1990-Ken Flynn, Ramsey
1991-Ken Flynn, Ramsey
1992-Rob Reeder, Northern Highlands
1993-Todd Cotten, Ridgewood
1994-Matt Illian, Pascack Valley
1995-Matt Illian, Pascack Valley
1996-Andrew Knight, Ramapo
1997-Cary Snyder, Demarest
1998-Tom Baldwin, Hackensack
1999-Corey Kunz, St. Joseph Regional
2000-Cole Dailey, Rutherford
2001-Owen Bourgholtzer, Mahwah
2002-Ro Crispin, Ridgewood
2003-Matt Klypka, Indian Hills
2004-Mike Cator, Ridgewood
2005-James LaGreca, Demarest
2006-Tom Cullen, Bergen Tech
2007-Mike Mitchell, Bergen Tech
2008-Matt Wyatt, Demarest
2009-Patrick Rono, Lyndhurst
2010-Patrick Rono, Lyndhurst
2011-Sherif Ali, Cliffside Park

3200

2012-Nick Mendolia, Don Bosco
2013-Blake Brancato, Rutherford

2014-Will Daly, River Dell
2015-Matt Tuohy, Indian Hills
2016-Colin Daly, River Dell
2017-Ty Miller, Demarest
2018-Steven Fiumefreddo, Indian Hills

110 HH

1970-Jerry Karson, Fair Lawn*
1971-Jed Hauck, St. Joseph Regional*
1972-John Ercolani, New Milford*
1973-Ken Stokes, New Milford*
1974-Bill Duren, Hackensack*
1975-Brian Hart, Paramus Catholic*
1976-Rich Wankmuller, Ridgewood*
1977-Ken Thorpe, Indian Hills*
1978-Ken Thorpe, Indian Hills
1979-Chris Robinson, Teaneck
1980-Darryl McFarlane, Teaneck
1981-Darryl McFarlane, Teaneck
1982-Darryl McFarlane, Teaneck
1983-Ray Brown, Teaneck
1984-Curtis Green, Teaneck
1985-Greg Horner, Don Bosco
1986-Mike Lange, Bergen Catholic
1987-Mike Lange, Bergen Catholic
1988-Carmen Pizzuto, Saddle Brook
1989-Rasheed Goodlowe, Teaneck
1990-Joe Swasey, Bergen Catholic
1991-Jeff Heal, New Milford
1992-Anthony Hampton, Englewood
1993-Darius Pemberton, Hackensack
1994-Chris Boyle, Becton
1995-Anthony DiCosmo, Paramus Catholic
1996-Simon Wu, River Dell
1997-Mike D'Angelo, Ramsey
1998-Marc Fulsom, Paramus Catholic
1999-Mike Stansfield, Garfield
2000-Ayo Oluwole, St. Joseph Regional
2001-Brent Hobbs, Don Bosco
2002-Dennis Calacione, New Milford
2003-Jeremy Perussi, Demarest
2004-Dan Oquendo, Hackensack
2005-Dan Oquendo, Hackensack
2006-Chadwick Cadet, Don Bosco
2007-Chris Castro, Bergen Tech
2008-Dan White, Glen Rock
2009-Brandon Hambric, Teaneck

110 HH

2010-Selwyn Maxwell, Don Bosco
2011-Selwyn Maxwell, Don Bosco
2012-Fernando Almonte, Lodi

2014-Kevin Rogovich, Demarest
2015-Max Zavidow, Tenafly
2016-Danny Daurio, Bogota
2017-Chris Corcoran, Indian Hills
2018-Dillon Jensen, Pascack Hills

400 IH

1970-Bob Ryan, New Milford (180 LH)
1971-Eric Huettinger, New Milford (180 LH)
1972-John Ercolani, New Milford (180 LH)
1973-Keith Gruttemeyer, New Milford (300*)
1974-Joe Ancona, Mahwah (300*)
1975-Lou Mastro, Paramus Catholic (300*)
1976-Dave Mullane, Bergen Catholic (300*)
1977-Kevin Heffernan, Don Bosco (300*)
1978-Clayton Lloyd, Hackensack (300)
1979-Doug Jackson, Hackensack (300)
1980-Doug Jackson, Hackensack
1981-Darryl McFarlane, Teaneck
1982-Darryl McFarlane, Teaneck
1983-John Parisi, Ridgewood
1984-Doug Miller, Tenafly
1985-Joe Russomanno, Indian Hills
1986-Mark Psaltes, Fair Lawn
1987-Doug Shultz, Ridgewood
1988-Phil Bazzini, Dumont
1989-Bob Howard, Old Tappan
1990-Paul Van Dohlen, Tenafly
1991-Sean Rhinehart, Hackensack
1992-Anthony Hampton, Englewood
1993-Pat Hyppolite, Don Bosco
1994-Andy Parasion, Don Bosco
1995-David Stein, Glen Rock
1996-David Stein, Glen Rock
1997-Anthony Crews, Mahwah
1998-Chris Stowers, Hackensack
1999-Chris Stowers, Hackensack
2000-Brian Burns, River Dell
2001-Mike Panos, Bergen Catholic
2002-Dave Lado, Ridgefield
2003-Dave Lado, Ridgefield
2004-Jeremy Perussi, Demarest
2005-Vinnie Gareffa, Hasbrouck Heights
2006-Steven Shorr, Pascack Hills
2007-Evan Shaker, Paramus Catholic
2008-Steve Wexler, Don Bosco
2009-Mark Filandro, Indian Hills
400 IH
2010-Mark Filandro, Indian Hills
2011-Brandon Gregory, Old Tappan
2012-Louis Kang, Pascack Hills

2013-Roland Gamez, Hasbrouck Heights
2014-Zack Bazile, St. Joseph
2015-Joe Jordan, Old Tappan
2016-Joe Jordan, Old Tappan
2017-Hank Anderson, Indian Hills
2018-Hank Anderson, Indian Hills

Shot Put

1970-Steve Adams, St. Joseph Regional
1971-Jim Van Mansart, Northern Highlands
1972-Tony Ruggeri, Bergen Catholic
1973-Scott DeCandia, St. Joseph Regional
1974-Scott DeCandia, St. Joseph Regional
1975-Matt Saner, St. Joseph Regional
1976-Ron Kort, Mahwah
1977-Gary Larmer, Dumont
1978-Dave Laube, Fair Lawn
1979-Dave Laube, Fair Lawn
1980-John Farrell, Teaneck
1981-Marcus Thomas, Hackensack
1982-Marcus Thomas, Hackensack
1983-Andy Papathanassiou, Emerson
1984-Andy Papathanassiou, Emerson
1985-Andy Papathanassiou, Emerson
1986-Scott Miller, Elmwood Park
1987-Mike Theuerkauf, Demarest
1988-Jason Miller, Elmwood Park
1989-Kevin Quinn, Cresskill
1990-Brad Moser, Demarest
1991-Tom Jennings, Indian Hills
1992-Tom Jennings, Indian Hills
1993-Robert Mompont, Teaneck
1994-Mike Sheehan, Demarest
1995-Shaun McGregor, Bergen Catholic
1996-Frank Chamberlin, Mahwah
1997-J.D. Murdoch, Ridgewood
1998-Adam Scholze, Ramapo
1999-Mike Murphy, New Milford
2000-Matt Elkas, Ramsey
2001-Beau Jadrosich, Old Tappan
2002-Valbert Wyche, Hackensack
2003-Tristan Henry, Bergenfield
2004-Brian Toal, Don Bosco
2005-Doug Klopacz, St. Joseph Regional
2006-Geoff Goidell, Pascack Hills
2007-Geoff Goidell, Pascack Hills

Shot Put

2008-Sean O'Neill, River Dell
2009-Eric Van Dunk, Mahwah
2010-Patrick Cole, Hasbrouck Heights
2011-Stephen Mozia, Hackensack

2013-Kevin Halloran, Indian Hills
2014-Anthony Salemo, Ramsey
2015-Dylan Scallo, Dumont
2016-Andrew Schumacher, Old Tappan
2017-Andrew Peterson, Demarest
2018-John Lohrer, Old Tappan

Discus

1970-Steve Adams, St. Joseph Regional
1971-Roland Desonier, Bergenfield
1972-Jeff Riccardi, Leonia
1973-Mike Murberg, Old Tappan
1974-Tom Kadien, Waldwick
1975-Scott Hersh, Fort Lee
1976-Rob Ellis, Ramapo
1977-Larry Jansson, Demarest
1978-Dave Laube, Fair Lawn
1979-Dave Laube, Fair Lawn
1980-Mike Buncic, Fair Lawn
1981-Marcus Thomas, Hackensack
1982-Wesley Walton, Demarest
1983-Mel Landis, Pascack Hills
1984-Andy Papathanassiou, Emerson
1985-Andy Papathanassiou, Emerson
1986-Scott Miller, Elmwood Park
1987-Adam White, Bogota
1988-Glenn Evans, Hackensack
1989-Kevin Quinn, Cresskill
1990-Dimitri Jacotin, Don Bosco
1991-Adam Gussen, Teaneck
1992-T.J. Spizzo, Mahwah
1993-Robert Mompont, Teaneck
1994-Shaun McGregor, Bergen Catholic
1995-Jamie Spruill, Mahwah
1996-Mike Spizzo, Mahwah
1997-Bryant Robinson, Hackensack
1998-Jim Fischer, Bergen Catholic
1999-Mike Murphy, New Milford
2000-Matt Elkas, Ramsey
2001-Luis Castillo, Garfield
2002-Steve McGovern, Dumont
2003-Jason Maier, New Milford
2004-Jason Maier, New Milford
2005-Chris Onorato, Hasbrouck Heights
2006-James Stathopoulos, Mahwah
2007-Brendan Gareffa, Hasbrouck Heights

Discus

2008-Andrew Trass, River Dell
2009-Matt Krzysik, Indian Hills
2010-Stephen Mozia, Hackensack
2011-Stephen Mozia, Hackensack

2012-Chris Connors, Hasbrouck Heights
2013-Austin Berninger, River Dell
2014-Spencer Ross, Mahwah
2015-Drew Tummino, River Dell
2016-Gio Gutierrez, Saddle Brook
2017-Gio Gutierrez, Saddle Brook
2018-Connor Mathis, Don Bosco

Javelin

1973-Roy Jackel, New Milford
1974-Jim Masker, Ramsey
1975-Dan Respoli, Queen of Peace
1976-Bill Hoy, Don Bosco
1977-Frank Jesch, Cresskill
1978-Mike Collins, Don Bosco
1979-Gregg Munier, Hackensack
1980-Tom Haskins, Don Bosco
1981-Bruce Bacchiocchi, Dumont
1982-Bruce Bacchiocchi, Dumont
1983-Bruce Bacchiocchi, Dumont
1984-Howard Bergstein, Tenafly
1985-Bill Parisi, Ridgefield Park
1986-Steve Marbaise, Becton
1987-Dave Walker, Saddle Brook
1988-Rich Kyasky, River Dell
1989-Chris Wetzel, Fort Lee
1990-Charley Koenke, New Milford
1991-George Milani, Tenafly
1992-Carl Von Tobel, Dumont
1993-Anthony Hayne, Ridgefield Park
1994-Justin Schwartz, Glen Rock
1995-Justin Schwartz, Glen Rock
1996-John Dixon, Ridgefield Park
1997-John Dixon, Ridgefield Park
1998-J.D. Murdoch, Ridgewood
1999-Will Arroyo, Ridgefield Park
2000-Ian Sample, Westwood
2001-Steve Bay, Dumont
2002-Jim Malizia, St. Joseph Regional
2003-Paul Rosiak, Wood-Ridge
2004-Martin Gumowski, Wood-Ridge
2005-Erik Heymann, Westwood
2006-Steve Pierce, Ridgewood
2007-Joe Gingerelli, Wood-Ridge
2008-Joe Gingerelli, Wood-Ridge

Javelin

2009-Kevin Steimle, Mahwah
2010-Kaleb Zuidema, Midland Park
2011-Kaleb Zuidema, Midland Park
2012-Anthony Seidel, Hasbrouck Heights
2013-Seth Zuidema, Midland Park

2012-Jong Min-Youn, Old Tappan
2013-Jong Min-Youn, Old Tappan
2014-Drew Tummino, River Dell
2015-Jack Vigneron, River Dell
2016-Marcus Valdez, Don Bosco
2017-Gio Gutierrez, Saddle Brook
2018-Matt Lange, Demarest

Triple Jump

1973-Jeff Seipel, New Milford
1974-John Devine, Waldwick
1975-John Devine, Waldwick
1976-Joe Socha, Garfield
1977-Matt Gilbert, Englewood
1978-Don Jarvis, Indian Hills
1979-Larry Bowens, Mahwah
1980-Ed Alston, Hackensack
1981-Ed Alston, Hackensack
1982-Kevin Edwards, Hackensack
1983-Desmond Jonas, Hackensack
1984-Tracy Browne, Teaneck
1985-Ed Baisley, Tenafly
1986-Joe Johnson, Hackensack
1987-Lamonte Brown, Demarest
1988-Gerald Spears, Teaneck
1989-Dave Frazier, Rutherford
1990-Jim McGarvey, Mahwah
1991-Sean Rhinehart, Hackensack
1992-Naum Krstevski, Garfield
1993-John Perdomo, Englewood
1994-John Perdomo, Englewood
1995-Anthony DiCosmo, Paramus Catholic
1996-Mikkel Brown, Glen Rock
1997-Mikkel Brown, Glen Rock
1998-Paul Berberian, Old Tappan
1999-Nick Garrett, Saddle Brook
2000-John Augustynowicz, Rutherford
2001-Weston Daniel, Bergenfield
2002-Jeff Sejour, Don Bosco
2003-Vernard Hoover, Hasbrouck Heights
2004-Vernard Hoover, Hasbrouck Heights
2005-Harold Blyden, Bergenfield
2006-Kwame Collins, Northern Highlands
2007-Chris Phipps, Lodi
2008-Chris Phipps, Lodi

Triple Jump

2009-Conroy Walker, Hackensack
2010-Greg Hazell, Don Bosco
2011-Sean Wimbush, Teaneck
2012-Rob Gebhard, Northern Highlands
2013-Peter Chamalian, Cresskill

2014-Seth Zuidema, Midland Park
2015-Paul Ippolito, Demarest
2016-Bryan Holden, Demarest
2017-Michael Connor, Ramapo
2018-Michael Connor, Ramapo

High Jump

1970-Gary Mooring, Englewood
1971-Curt LoPresti, Paramus
1972-Skip Johnson, Hackensack
1973-Dana Carr, Bergen Catholic
1974-Don Holmes, Paramus Catholic
1975-Mark Kennedy, Paramus Catholic
1976-Mark Kennedy, Paramus Catholic
1977-Jim Hennessey, Paramus
1978-Scoot Palmer, Teaneck
1979-Mike Curti, Dumont
1980-Dan Porter, Pascack Valley
1981-Tom DeVita, Bergen Catholic
1982-Doug Boyd, Old Tappan
1983-John Viapiano, Cresskill
1984-Tracy Browne, Teaneck
1985-John Lyons, Don Bosco
1986-Pat Sanders, Ramapo
1987-Darryl Roberts, Teaneck
1988-Jeff Barat, Bergen Tech
1989-Winner Unavailable
1990-Jim Paolillo, Old Tappan
1991-Dave Kruse, Tenafly
1992-Dave Kruse, Tenafly
1993-Dave Kruse, Tenafly
1994-Godfrey Gordon, Garfield
1995-Deke DeFreese, Mahwah
1996-Pete Moeller, Ramsey
1997-James Van Orden, Don Bosco
1998-Eumir Rahman, Hackensack
1999-Mike Stansfield, Garfield
2000-Ayo Oluwole, St. Joseph Regional
2001-Brent Hobbs, Don Bosco
2002-Jean Beljour, Hackensack
2003-Jean Beljour, Hackensack
2004-Oderick Turner, Teaneck
2005-Dan Oquendo, Hackensack
2006-Jon Rigg, Bergen Catholic

High Jump

2007-Kenneth Prior, Don Bosco
2008-Kevin Bostick, Bergen Catholic
2009-Tommy DeVita, Ridgewood
2010-Tommy DeVita, Ridgewood
2011-Evan Bartlik, Ridgewood
2012-Danny Thompson, Indian Hills

2014-Peter Chamalian, Cresskill
2015-Jairus Paul, Mahwah
2016-Frankie Richard, Northern Highlands
2017-Christian Torres, Garfield
2018-Max Bartlik, Ridgewood

Long Jump

1970-Rich Caputo, St. Mary's
1971-John Eiskamp, Dumont
1972-John Feury, Don Bosco
1973-Matt Giannino, Northern Highlands
1974-Elliott Butcher, Englewood
1975-Lou Mastro, Paramus Catholic
1976-John Burke, Bergen Catholic
1977-Jeff Mattner, Pascack Valley
1978-Don Jarvis, Indian Hills
1979-Quentin Walker, Teaneck
1980-Terry Martin, Teaneck
1981-Ed Alston, Hackensack
1982-Kevin Edwards, Hackensack
1983-Ray Brown, Teaneck
1984-Curtis Green, Teaneck
1985-Joe Johnson, Hackensack
1986-Doug Anthony, Englewood
1987-Lamonte Brown, Demarest
1988-Derrick Horner, Don Bosco
1989-Gerald Spears, Teaneck
1990-Keon Bease, Hackensack
1991-Chris Hewitt, Englewood
1992-Sheldon Woodley, Teaneck
1993-Darius Pemberton, Hackensack
1994-John Deschamps, Ridgefield Park
1995-Brian Frazier, Demarest
1996-Mark Sprague, Teaneck
1997-Shawn Samuels, Englewood
1998-Dusty Thomas, Ridgewood
1999-Pat McManus, St. Joseph Regional
2000-Pat McManus, St. Joseph Regional
2001-Brent Hobbs, Don Bosco
2002-Rob Richardson, Garfield
2003-Vernard Hoover, Hasbrouck Heights
2004-Vernard Hoover, Hasbrouck Heights
2005-Anthony Pomo, Saddle Brook
2006-Akeem Thomas, Teaneck

Long Jump

2007-Ausar Walcott, Hackensack
2008-Chris Phipps, Lodi
2009-Corey Crawford, Indian Hills
2010-Corey Crawford, Indian Hills
2011-Jamal Williams, Teaneck
2012-Roland Gamez, Hasbrouck Heights

2013-Roland Gamez, Hasbrouck Heights
2014-Chris Estrella, Ridgefield Park
2015-Tyler Olivieri, Ridgefield Park
2016-Derek Anderson, Indian Hills
2017-Carlos Pepin, Lodi
2018-Aidan O'Malley, Ramsey

Pole Vault

1970-Bujar Nake, Hackensack
1971-Mark MacCracken, Tenafly
1972-Mark MacCracken, Tenafly
1973-Steve Natusch, Pascack Valley
1974-Jean-Pierre Poulaille, Lodi
1975-Joe Ferraiuolo, Paramus Catholic
1976-Steve Schupak, Tenafly
1977-Dean Lodmell, Indian Hills
1978-Greg Maik, Rutherford
1979-Manny Rodriguez, Paramus
1980-Alex Levay, Tenafly
1981-Dave Dickey, Teaneck
1982-Mike Healy, Teaneck
1983-Bob White, Indian Hills
1984-Jeff Hooton, Ramsey
1985-Scott Walters, Dumont
1986-Ed Rice, Don Bosco
1987-John Pierro, North Arlington
1988-Peter Joel, River Dell
1989-Marcus Anderson, Englewood
1990-Rich Miller, Cresskill
1991-Troy Cromwell, Pascack Valley
1992-Matt Psaltis, Fair Lawn
1993-Mike Van Grouw, Mahwah
1994-Pat Destro, St. Joseph Regional
1995-Bryan Kiel, Fair Lawn
1996-Scott Kolkebeck, Old Tappan
1997-Josh Ross, Westwood
1998-Dave Warton, Ridgewood
1999-Gareth Hedges, Westwood
2000-Dan Cooper, Ridgewood
2001-Owen Pope, Hackensack
2002-Adam Sacher, Pascack Valley
2003-Adam Sacher, Pascack Valley
2004-Adam Sacher, Prscack Valley

Pole Vault

2005-Jake Ricciardi, Ridgewood
2006-Paul Kovach, Ridgewood
2007-Greg Stripe, Mahwah
2008-Kevin Sofia, Ramsey
2009-Greg Hoffman, Park Ridge
2010-Juan Andres Giglio, Ridgefield Park
2011-Brad Hoey, River Dell

2013-Zachary Basile, St. Joseph
2014-Mike Pepper, Ramsey
2015-Frankie Richard, Northern Highlands
2016-Frankie Richard, Northern Highlands
2017-Christian Torres, Garfield
2018-Andrew Achirem, Hackensack

Relay

1970-none
1971-none
1972-Fair Lawn*
1973-Bergen Catholic*
1974-Tenafly*
1975-Don Bosco*
1976-Bergen Catholic*
1977-Paramus Catholic*
1978-Hackensack
1979-Don Bosco
1980-Hackensack
1981-Hackensack
1982-Hackensack
1983-Teaneck
1984-Don Bosco
1985-Don Bosco
1986-Hackensack
1987-Hackensack
1988-Hackensack
1989-Don Bosco
1990-Bergen Catholic
1991-Hackensack
1992-Englewood
1993-Hackensack
1994-Bergen Catholic
1995-Hackensack
1996-Teaneck
1997-Bergen Catholic
1998-Hackensack
1999-Bergen Catholic
2000-Ridgewood
2001-Teaneck
2002-Teaneck
2003-Don Bosco
2004-Hackensack

Relay

2005-Westwood
2006-Northern Highlands
2007-Ridgewood
2008-Bergen Catholic
2009-Teaneck
2010-Ridgewood
2011-Teaneck

2012-Eric Geider, Demarest
2013-Keith Gandy, Indian Hills
2014-Luke Annichiarico, Old Tappan
2015-Sam Siegel, Demarest
2016-Jack Muller, Mahwah
2017-Seth Kricheff, Old Tappan
2018-Tyler Hrbek, Old Tappan

2012-Old Tappan
2013-Pascack Valley
2014-Old Tappan
2015-Old Tappan
2016-Old Tappan
2017-Fort Lee
2018-Old Tappan

PREVIOUS GIRLS MEET OF CHAMPIONS WINNERS

100

1979-Karen Johnson, Teaneck*
1980-Lori Morton, Westwood
1981-Caroline Morris, Hackensack
1982-Stacia Palahnuk, Old Tappan
1983-Michelle Forrester, Teaneck
1984-Michelle Forrester, Teaneck
1985-Neretta Freeman, Garfield
1986-Neretta Freeman, Garfield
1987-Neretta Freeman, Garfield
1988-Sara Pieri, Ramapo
1989-Gily Dishon, Tenafly
1990-Nicole Golden, Teaneck
1991-Christine Rose, IHA
1992-Jean Readie, Queen of Peace
1993-Adria Ferguson, Old Tappan
1994-Erika Albies, Pascack Valley
1995-Willie Mae Washington, Lodi
1996-Willie Mae Washington, Lodi
1997-Melissa Bochiario, Glen Rock
1998-Carlene Cummings, Englewood
1999-Courtney Cubicciotti, IHA
2000-Anike Orimogunje, Queen of Peace
2001-Anike Orimogunje, Queen of Peace
2002-Anike Orimogunje, Queen of Peace
2003-Anike Orimogunje, Queen of Peace
2004-Cheryl Anscombe, Westwood
2005-Amma Walcott, Hackensack
2006-Angelica Johnson, Ridgefield Park
2007-Angelica Johnson, Ridgefield Park
2008-Janay Mitchell, Teaneck
2009-Myasia Jacobs, Paramus Catholic
2010-Kim Nagotko, Mahwah
2011-Kahlia Taylor, Teaneck
2012-Kahlia Taylor, Teaneck
2013-Tatiana Sanders, Paramus Catholic
2014-Naomi Clarke, Hackensack
2015-Amber Redmond, Hackensack
2016-Ayo O'uhuru, Pascack Hills
2017-Olivia Florio, Northern Highlands
2018-Sophia Castronovo, Emerson

400

1979-Sharon Kearns, Saddle Brook*
1980-Judy Davis, Ridgewood
1981-Marie McVeagh, Demarest
1982-Marie McVeagh, Demarest
1983-Tisa Stubbs, Englewood

400

200

1979-Karen Johnson, Teaneck*
1980-Selina Ashby, Teaneck
1981-Stephanie Laughlin, Teaneck
1982-Marie McVeagh, Demarest
1983-Michelle Forrester, Teaneck
1984-Michelle Forrester, Teaneck
1985-Neretta Freeman, Garfield
1986-Missy Hicks, Teaneck
1987-Shonna Clay, Teaneck
1988-Sara Pieri, Ramapo
1989-Gily Dishon, Tenafly
1990-Nicole Golden, Teaneck
1991-Nicole Golden, Teaneck
1992-Jean Readie, Queen of Peace
1993-Melissa Gilbert, Ridgewood
1994-Michelle Stein, Glen Rock
1995-Carlene Cummings, Englewood
1996-Carlene Cummings, Englewood
1997-Janna Kohout, River Dell
1998-Courtney Cubicciotti, IHA
1999-Courtney Cubicciotti, IHA
2000-Anike Orimogunje, Queen of Peace
2001-Anike Orimogunje, Queen of Peace
2002-Anike Orimogunje, Queen of Peace
2003-Anike Orimogunje, Queen of Peace
2004-Cheryl Anscombe, Westwood
2005-Amy Salek, Ramapo
2006-Angelica Johnson, Ridgefield Park
2007-Janay Mitchell, Teaneck
2008-Janay Mitchell, Teaneck
2009-Myasia Jacobs, Paramus Catholic
2010-Myasia Jacobs, Paramus Catholic
2011-Kim Nagotko, Mahwah
2012-Angela Harrison, Paramus Catholic
2013-Tatiana Sanders, Paramus Catholic
2014-Lauren Brzozowski, Ramapo
2015-Ayo O'uhuru, Pascack Hills
2016-Christian Rasnake, IHA
2017-Olivia Florio, Northern Highlands
2018-Mariah Fede, Paramus Catholic

800

1979-Bianca O'Connell, Rutherford*
1980-Claudia Lynch, Westwood
1981-Patti Mileski, Ridgewood
1982-Patti Mileski, Ridgewood
1983-Mary Ellen Mileski, Ridgewood

800

1984-Aileen Trendler, Old Tappan
1985-Aileen Trendler, Old Tappan
1986-Ginny Figlar, Ridgewood
1987-Ginny Figlar, Ridgewood
1988-Ginny Figlar, Ridgewood
1989-Matilda Miranda, Teaneck
1990-Dana Riley, Teaneck
1991-Jennifer Metz, Pascack Valley
1992-Dana Riley, Teaneck
1993-Dana Riley, Teaneck
1994-Delcita Russell, Hackensack
1995-Delcita Russell, Hackensack
1996-Delcita Russell, Hackensack
1997-Delcita Russell, Hackensack
1998-Kelley Johnson, Teaneck
1999-Jackie Babbini, Cliffside Park
2000-Chris Siebold, Demarest
2001-Ebony Ramos, Hackensack
2002-Janine Davis, Queen of Peace
2003-Elina Ploskin, Fair Lawn
2004-Janine Davis, Queen of Peace
2005-Sophia Davis, Queen of Peace
2006-Amy Salek, Ramapo
2007-Amy Salek, Ramapo
2008-Amy Salek, Ramapo
2009-Aderonke Bakare, Teaneck
2010-Colleen Murphy, Westwood
2011-Deanna DiLandro, Ramapo
2012-Micaela McPadden, Ridgewood
2013-Hannah DeMatteo, Rutherford
2014-Lexi DelGizzo, Tenafly
2015-Lauren Brzozowski, Ramapo
2016-Maria Acosta, Paramus Catholic
2017-Megan Gasnick, Park Ridge
2018-Kyla Krawczyk, Northern Highlands

1600

1979-Mary Ellen McGowan, Pascack Valley*
1980-Mary Ellen Mileski, Ridgewood*
1981-Patti McCluskey, Dumont*
1982-Mary Ellen Mileski, Ridgewood*
1983-Patti Mileski, Ridgewood*
1984-Jasmin Jones, Hackensack
1985-Norine D'Arcy, Ridgewood
1986-Jennifer Hughes, Ridgewood
1987-Norine D'Arcy, Ridgewood
1988-Jean Hughes, Ridgewood
1989-Monica Biro, Pascack Valley
1990-Eileen Fitzgerald, Ridgewood

1600

1991-Eileen Fitzgerald, Ridgewood

1984-Karen Weissinger, Westwood
1985-Margaret Scutro, Ridgewood
1986-Jasmin Jones, Hackensack
1987-Jasmin Jones, Hackensack
1988-Lynne Collazo, Ridgewood
1989-Liz Figlar, Ridgewood
1990-Jennifer Metz, Pascack Valley
1991-Nancy Scott, Garfield
1992-Claire Blaney, Ridgewood
1993-Jean Readie, Queen of Peace
1994-Jean Readie, Queen of Peace
1995-Caitlin Wittreich, Tenafly
1996-Julie Clifford, Holy Angels
1997-Julie Clifford, Holy Angels
1998-Julie Clifford, Holy Angels
1999-Janelle McCallum, Teaneck
2000-Erin Henry, Glen Rock
2001-Erin Henry, Glen Rock
2002-Erin Henry, Glen Rock
2003-Caitlin Hemmer, IHA
2004-Alicia Henry, Cresskill
2005-Janine Davis, Queen of Peace
2006-Cristina Law, Ridgewood
2007-Kaitlin Cooney, IHA
2008-Erin McKenna, Ramapo
2009-Julieanne Fontana, Pascack Hills
2010-Elizabeth Rosenberger, Ramsey
2011-Phoebe Hersh, Tenafly
2012-Deanna DiLandro, Ramapo
2013-Suzanne Abribat, Ramapo
2014-Ashlyn McKenna, Ramapo
2015-Catherine Pagano, Northern Highlands
2016-Caroline O'Sullivan, Old Tappan
2017-Caroline O'Sullivan, Old Tappan
2018-Amanda Mircovich, River Dell

3200

1979-Violetta Josevska, Garfield
1980-Eileen Healy, Bergenfield
1981-Carol Dickstein, Ridgewood
1982-Toni Ann Angione, Bergenfield
1983-Beth Pringle, Ridgewood
1984-Maritza Alvarez, Hackensack
1985-Anne McVeigh, Demarest
1986-Jennifer Narr, Rutherford
1987-Jennifer Hughes, Ridgewood
1988-Karen Cannon, Ridgewood
1989-Melissa Wyka, Fair Lawn
1990-Dee Keough, Mahwah

3200

1991-Hadas Tal, Fair Lawn

1992-Eileen Fitzgerald, Ridgewood
1993-Martina Brosnahan, IHA
1994-Dana Satir, Ramsey
1995-Stephanie Doyle, Ridgewood
1996-Stephanie Doyle, Ridgewood
1997-Dana Satir, Ramsey
1998-Celeste Sedo, Ridgewood
1999-Meg McDermott, Ridgewood
2000-Clair Nowakowski, Ridgewood
2001-Dianna Russini, Old Tappan
2002-Julia Emanuel, Tenafly
2003-Julia Emanuel, Tenafly
2004-Taylor Lebovich, Old Tappan
2005-Cheyenne Ogletree, Garfield
2006-Kesley Ramsey, Ramapo
2007-Kesley Ramsey, Ramapo
2008-Sarah Pagano, IHA
2009-Sarah Pagano, IHA
2010-Erin Thompson, IHA
2011-Lisa Zimmer, Ramapo
2012-Lisa Zimmer, Ramapo
2013-Ashley Stryko, Holy Angels
2014-Colleen Buckley, IHA
2015-Colleen Buckley, IHA
2016-Shannon Gorla, River Dell
2017-Mackenzie Hughes, Holy Angels
2018-Caroline O'Sullivan, Old Tappan

100 HH

1979-Karen Gaines, Teaneck
1980-Karen Gaines, Teaneck
1981-Renee Carter, Englewood
1982-Judith Palmer, Teaneck
1983-Kim Lehmann, Garfield
1984-Alison Scarpa, Fair Lawn
1985-Alison Scarpa, Fair Lawn
1986-Kim Baumbach, Pascack Valley
1987-Kim Baumbach, Pascack Valley
1988-Beth Mayland, Northern Highlands
1989-Allison Orsi, Indian Hills
1990-Lori Rogoff, Pascack Valley
1991-Vonetta Williams, Teaneck
1992-Veronica Davi, IHA
1993-Jessica Jenco, Indian Hills
1994-Melene Thomas, Garfield
1995-Melene Thomas, Garfield
1996-Melene Thomas, Garfield
1997-Carlene Cummings, Englewood

100 HH

1998-Beth Packman, Pascack Hills
1999-Jamie Lilien, Pascack Valley

1992-Breda McGowan, Bergenfield
1993-Jenna Rogers, Ridgewood
1994-Jenna Rogers, Ridgewood
1995-Karen Petouvis, Paramus
1996-Amy Smith, Ridgewood
1997-Celeste Sedo, Ridgewood
1998-Tracy Kirk, Ramsey
1999-Beth Androski, Hackensack
2000-Melissa Conway, Ramsey
2001-Jen Myers, Ramapo
2002-Taylor Lebovich, Old Tappan
2003-Shaneika Bernard, Hackensack
2004-Andrea Rothschild, Demarest
2005-Amy Van Alstine, Midland Park
2006-Erin McKenna, Ramapo
2007-Mary Kaye Duff, Holy Angels
2008-Mary Kaye Duff, IHA
2009-Erin Thompson, IHA
2010-Emily Dunne, Holy Angels
2011-Jen Molke, Holy Angels
2012-Caroline Davidson, Ridgewood
2013-Amanda Tosi, Pascack Hills
2014-Catherine Pagano, Northern Highlands
2015-Michelle Kubasek, Bergen Tech
2016-Abigail McLaughlin, Bergen Tech
2017-Corinne Barney, Indian Hills
2018-Kellie O'Donnell, River Dell

400 IH

1979-none
1980-none
1981-Judith Palmer, Teaneck
1982-Judith Palmer, Teaneck
1983-Kim Lehmann, Garfield
1984-Kim Lehmann, Garfield
1985-Liz Ross, Ridgewood
1986-Karen Von Steenburgh, Bergenfield
1987-Lynn Degelmann, Ridgewood
1988-Lynn Degelmann, Ridgewood
1989-Jennifer Powell, Teaneck
1990-Michelle Grube, Bergenfield
1991-Veronica Davi, IHA
1992-Veronica Davi, IHA
1993-Renee Pavelski, Ridgewood
1994-Natasha Bernard, Teaneck
1995-Zorinah Figueroa, Teaneck
1996-Marissa Jackson, Hackensack
1997-Katie Hanley, Glen Rock

400 IH

1998-Mahasin Pegeise, Rutherford
1999-Jackie Babbini, Cliffside Park

2000-Jamie Lilien, Pascack Valley
2001-Jill Turner, Pascack Hills
2002-Julie Burrell, Hackensack
2003-Michelle Smith, Teaneck
2004-Chelsea Townes, Hackensack
2005-Michelle Smith, Teaneck
2006-Lara-Jane Que, Ridgewood
2007-Lara-Jane Que, Ridgewood
2008-Mia Martinez, Ridgewood
2009-Kirsten Bowens, Mahwah
2010-Sarah DeVita, Ridgewood
2011-Alexandra Cimino, Westwood
2012-Alexandra Cimino, Westwood
2013-Alexandra Cimino, Westwood
2014-Taryn DeLeon, Old Tappan
2015-Dana Lynch, Hackensack
2016-Elizabeth Garcia, Holy Angels
2017-Isabelle Dely, Paramus Catholic
2018-Grace O'Shea, Ramapo

INVITATIONAL TRIPLE JUMP

1987-Sharon Allen, Eastside
1988-Jen McDermott, Ridgewood
1989-Jen McDermott, Ridgewood
1990-Keirsten Wallace, Westwood

High Jump

1979-Ingrid Pessa, Ridgewood
1980-Stephanie Bembridge, Northern Highlands
1981-Jane Farrell, River Dell

2000-Jackie Babbini, Cliffs Park
2001-Kim Mineo, Glen Rock
2002-Kim Mineo, Glen Rock
2003-Chelsea Townes, Hackensack
2004-Michelle Smith, Teaneck
2005-Michelle Smith, Teaneck
2006-Alex Rosenberger, Ramsey
2007-Cristina Law, Ridgewood
2008-Jenn Sant Anna, Pascack Hills
2009-Katelyn Ary, Demarest
2010-Diane Bain, Ramsey
2011-Katelyn Ary, Demarest
2012-Allison Tell, Demarest
2013-Micaela McPadden, Ridgewood
2014-Christina Welzer, Demarest
2015-Jillian DiGiacinto, Hasbrouck Heights
2016-Jillian DiGiacinto, Hasbrouck Heights
2017-Grace Smiechowski, Northern Highlands
2018-Grace Smiechowski, Northern Highlands

400 Relay

1979-Teaneck*
1980-Teaneck*
1981-Park Ridge
1982-none

Pole Vault

1999-Rachel Fisher, Dumont
2000-Kirsten LaGreca, Mahwah
2001-Jessica Hatton, Ridgefield Park
2002-Joyce Rosenbaum, Tenafly
2003-Jessica Hatton, Ridgefield Park
2004-Kerri Norton, Ridgewood
2005-Cassie Wong, Ridgewood
2006-Cassie Wong, Ridgewood
2007-Annie Polcari, Ridgewood
2008-Annie Polcari, Ridgewood
2009-Michelle Favre, Saddle Brook
2010-Chelsea Hartigan, Ramapo
2011-Kayla Polcari, Ridgewood
2012-Carolyn Edler, Mahwah
2013-Mimi DeVita, Ridgewood
2014-Catherine Rozalski, Queen of Peace
2015-Lauren Bilali, Old Tappan
2016-Michelle Rubinetti, Demarest
2017-Michelle Rubinetti, Demarest
2018-Melissa Purcell, Pascack Valley

Long Jump

1979-Modestine Toomer, Englewood
1980-Caroline Morris, Hackensack
1981-Caroline Morris, Hackensack

1982-Nancy Larena, Saddle Brook
1983-Nancy Larena, Saddle Brook
1984-Kelly Barrett, Westwood
1985-Kelly Barrett, Westwood
1986-Debbie McDonald, Teaneck
1987-Dawn Reis, Lodi
1988-Dawn Reis, Lodi
1989-Melissa Hyer, Fair Lawn
1990-Jen Wilson, Midland Park
1991-Ami Racich, Cresskill
1992-Ami Racich, Cresskill
1993-Ami Racich, Cresskill
1994-Marie Greaux, Ridgefield Park
1995-Lesley Hodgson, Glen Rock
1996-Delcita Russell, Hackensack
1997-Cheryl Burdick, Ramsey
1998-Cheryl Burdick, Ramsey
1999-Cheryl Burdick, Ramsey
2000-Jamie Lilien, Pascack Valley
2001-Erin Piscetta, River Dell
2002-Lia Torre, Northern Highlands
2003-Jessica Malacrida, Paramus
2004-Kristen Kern, Indian Hills
2005-Jessica Malacrida, Paramus
2006-Juliana Camargo, Dumont
2007-C.J. Jacob, Ridgefield Park
2008-Alex Rosenberger, Ramsey
2009-Rachel Watkins, Indian Hills
2010-Rae Corbo, Paramus Catholic
2011-Meghan Dolan, Demarest
2012-Taryn DeLeon, Old Tappan
2013-Taryn DeLeon, Old Tappan
2014-Taryn DeLeon, Old Tappan
2015-Taylor Parcels, Old Tappan
2016-Lauren Chamberlin, Ramsey
2017-Jenna Rogers, Rutherford
2018-Jenna Rogers, Rutherford

Triple Jump

1979-Debbie Pagan, Old Tappan
1980-Karen Gaines, Teaneck
1981-Renee Carter, Englewood
1982-Deneen Steiner, Ridgefield
1983-Eileen O'Connor, Dumont
1984-Margaret Rottkamp, Indian Hills
1985-Margaret Rottkamp, Indian Hills

Triple Jump

1986-Margaret Rottkamp, Indian Hills
1987-Kim Baumbach, Pascack Valley
1988-Jen McDermott, Ridgewood
1989-Jen McDermott, Ridgewood

1982-Beverly Terry, Hackensack
1983-Eileen O'Connor, Dumont
1984-Sue Frazier, Rutherford
1985-Margaret Rottkamp, Indian Hills
1986-Margaret Rottkamp, Indian Hills
1987-Kim Baumbach, Pascack Valley
1988-Jen McDermott, Ridgewood
1989-Jen McDermott, Ridgewood
1990-Megan Burke, Glen Rock
1991-Megan Burke, Glen Rock
1992-Teri Martin, Hackensack
1993-Jen Hettel, Wallington
1994-Willie Mae Washington, Lodi
1995-Tammi Jordan, Englewood
1996-Carlene Cummings, Englewood
1997-Carlene Cummings, Englewood
1998-Carlene Cummings, Englewood
1999-Jamie Lilien, Pascack Valley
2000-Thatcha DaCosta, Englewood
2001-Jill Turner, Pascack Hills
2002-Jen Barthelemy, Bogota
2003-Alex Paslawsky, Ramsey
2004-Danielle Kroll, Indian Hills
2005-Shanelle Cross, Garfield
2006-Consandria Walker, Hackensack
2007-C.J. Jacob, Ridgefield Park
2008-Kellie Dunn, Rutherford
2009-Danna Wasserman, Demarest
2010-Rae Corbo, Paramus Catholic
2011-Taylor Clarkson, Indian Hills
2012-Patty McHugh, Waldwick
2013-Tatiana Sanders, Paramus Catholic
2014-Tatiana Sanders, Paramus Catholic
2015-Alexis Trott, Paramus Catholic
2016-Hana Shapiro, Pascack Valley
2017-Faith Sutton, Paramus Catholic
2018-Lauren Stern, Mahwah

Javelin

1979-Liz Wahler, Saddle Brook
1980-Carla Cusate, North Arlington
1981-Chris Bradley, Ridgefield
1982-Sue Parker, Pascack Valley
1983-Barbara Wolff, Tenafly
1984-Trish Neuner, New Milford
1985-Jodi Porro, Rutherford

Javelin

1986-Diane Maro, New Milford
1987-Elena Primerano, Lyndhurst
1988-Elena Primerano, Lyndhurst
1989-Elena Primerano, Lyndhurst

1990-Keirsten Wallace, Westwood
1991-Megan Burke, Glen Rock
1992-Teri Martin, Hackensack
1993-Erika Albies, Pascack Valley
1994-Ashley Marquard, Glen Rock
1995-Quanette Jester, Indian Hills
1996-Carlene Cummings, Englewood
1997-Carlene Cummings, Englewood
1998-Carlene Cummings, Englewood
1999-Shenee Clarke, Ridgefield Park
2000-Shenee Clarke, Ridgefield Park
2001-Thatcha DaCosta, Englewood
2002-Trish McGowan, Ridgewood
2003-Trish McGowan, Ridgewood
2004-Mallory Longfield, Indian Hills
2005-Mallory Longfield, Indian Hills
2006-Consandria Walker, Hackensack
2007-Lizzie Faust, Northern Highlands
2008-Jessica Molosh, Indian Hills
2009-Kirsten Bowens, Mahwah
2010-Rae Corbo, Paramus Catholic
2011-Gena Pickett, Mahwah
2012-Amanda Fields, Holy Angels
2013-Rosemary Menyhart, Paramus Catholic
2014-Rosemary Menyhart, Paramus Catholic
2015-Rosemary Menyhart, Paramus Catholic
2016-Maryam Hassam, Cresskill
2017-Lauren Stern, Mahwah
2018-Tiffany Bautista, Paramus Catholic

Shot Put

1979-Lynn Greene, Englewood
1980-Lisa Glidewell, Ridgewood
1981-Celia Mistretta, Park Ridge
1982-Regina Weinpahl, Westwood
1983-Regina Weinpahl, Westwood
1984-Lisette Zachgo, Pascack Valley
1985-Michelle Castagnetti, Lyndhurst
1986-Kirsten Christiansen, Rutherford
1987-Kirsten Christiansen, Rutherford
1988-Keelan Craw, Waldwick
1989-Young Park, Dwight-Englewood
1990-Young Park, Dwight-Englewood
1991-Ilona Olayon, River Dell
1992-Jen Dougherty, Ramsey

Shot Put

1993-Beth Crusius, Hackensack
1994-Jen Dougherty, Ramsey
1995-Jenicka Carter, Westwood
1996-Erin O'Reilly, Ramsey
1997-Jennifer Flinchum, Demarest

1990-Dawn Johnson, Lyndhurst
1991-Michelle Martin, Dumont
1992-Paige Fuller, Hasbrouck Heights
1993-Kristi Nukk, Mahwah
1994-Lauren Mazurkiewicz, Queen of Peace
1995-Debbie Chadwick, Rutherford
1996-Jessica Sarubbi, Cliffside Park
1997-Krystal Buczynski, Paramus Catholic
1998-Jen Austin, Garfield
1999-Jen Austin, Garfield
2000-Jen Austin, Garfield
2001-Christina Labocki, Garfield
2002-Kelly Fazekas, Demarest
2003-Daina Pucurs, Demarest
2004-Daina Pucurs, Demarest
2005-Brynn Rosser, Hackensack
2006-Julia Cohan, Northern Highlands
2007-Jaclyn Wypler, Ridgewood
2008-Shannon Sullivan, IHA
2009-Shannon Sullivan, IHA
2010-Hannah Mayer, Northern Highlands
2011-Jamie Klein, Paramus Catholic
2012-Shauntierah Douglas, Garfield
2013-Lisa Sesink-Clee, Holy Angels
2014-Stacey Anning, Ridgefield Park
2015-Thalia Ghalam, Midland Park
2016-Thalia Ghalam, Midland Park
2017-Jesse Geller, Demarest
2018-Kassie Ketcho, Hasbrouck Heights

Discus

1979-Linda Clayton, Demarest
1980-Janice Welte, Ridgefield Park
1981-Lynn Greene, Englewood
1982-Amy Hiller, Pascack Hills
1983-Pascale Barrau, Paramus Catholic
1984-Cardrienne McDonald, Hackensack
1985-Nancy Van Dyke, Midland Park
1986-Amy LoMauro, Fair Lawn
1987-Kirsten Christiansen, Rutherford
1988-Anne Wellington, Teaneck
1989-Young Park, Dwight-Englewood
1990-Young Park, Dwight-Englewood
1991-Tammy Jones, Teaneck
1992-Sharren Bates, Pascack Hills

Discus

1993-Beth Crusius, Hackensack
1994-Jen Dougherty, Ramsey
1995-Kim Ferranti, Glen Rock
1996-Chaya Tesker, Old Tappan
1997-Jessica Sokolik, Ridgewood

1998-Jennifer Flinchum, Demarest
1999-Jennifer Flinchum, Demarest
2000-Maritsa Christoudias, Ramsey
2001-Jessica Fazekas, Demarest
2002-Jessica Fazekas, Demarest
2003-Kelly Fazekas, Demarest
2004-Andrea Cerbie, Old Tappan
2005-Nicole Lowenstein, Lyndhurst
2006-Tanya Elshahawi, Indian Hills
2007-April Kaiser, Park Ridge
2008-Shannon Sullivan, IHA
2009-Apresha Hampton, Teaneck
2010-Apresha Hampton, Teaneck
2011-Theresa Picciallo, IHA
2012-Jessica Reuveni, Paramus
2013-Lisa Sesink-Clee, Holy Angels
2014-Amarys Berry, Hackensack
2015-Jessica Molina, Westwood
2016-Amarys Berry, Hackensack
2017-Kassie Ketcho, Hasbrouck Heights
2018-Kassie Ketcho, Hasbrouck Heights

1600 Relay

1979-Westwood*
1981-Teaneck
1983-Ridgewood
1985-Ridgewood
1987-Ridgewood
1989-Teaneck
1991-Teaneck
1993-Teaneck
1995-Glen Rock
1997-Teaneck
1999-Ridgewood
2001-Ridgewood
2003-Ramsey
2005-Teaneck
2007-Ridgewood
2009-Teaneck
2011-Westwood
2013-Northern Highlands
2015-Northern Higlands
2017-Northern Highlands

TOM ZACCONE AWARD (GIRLS TRACK)

1985-Margaret Scutro, Ridgewood
1986-Jasmin Jones, Hackensack
1987-Jasmin Jones, Hackensack
1988-Ginny Figlar, Ridgewood
1989-Gily Dishon, Tenafly

1998-Jennifer Flinchum, Demarest
1999-Jennifer Flinchum, Demarest
2000-Monique Mighty, Hackensack
2001-Jessica Fazekas, Demarest
2002-Jessica Fazekas, Demarest
2003-Tiffany Phoenix, Cresskill
2004-Julie Haledjian, Pascack Hills
2005-Jessica Lehmann, Park Ridge
2006-Natalia Arias, Tenafly
2007-Taylor Shea, Northern Highlands
2008-Christine Coppola, River Dell
2009-Shannon Sullivan, Paramus Catholic
2010-Rachel Pena, Ridgefield Park
2011-Apresha Hampton, Teaneck
2012-Tania Pabon, Cresskill
2013-Tania Pabon, Cresskill
2014-Kailee Oakes, Westwood
2015-Jessica Molina, Westwood
2016-Sarah Ahmed, Demarest
2017-Fernanda Maldonado, River Dell
2018-Karina Roze, Glen Rock

1600 Relay

1980-Westwood
1982-Englewood
1984-Ridgewood
1986-Teaneck
1988-Ridgewood
1990-Teaneck
1992-Teaneck
1994-Glen Rock
1996-Hackensack
1998-Teaneck
2000-Ridgewood
2002-Queen of Peace
2004-Teaneck
2006-Teaneck
2008-IHA
2010-IHA
2012-Ramapo
2014-Northern Highlands
2016-Ramapo
2018-Ramapo

PAUL SCHWARTZ AWARD (GIRLS FIELD)

1985-none
1986-none
1987-Kirsten Christiansen, Rutherford
1988-Jen McDermott, Ridgewood
1989-Elena Primerano, Lyndhurst

1990-Nicole Golden, Teaneck
 1991-Jennifer Metz, Pascack Valley
 1992-Dana Riley, Teaneck
 1993-Dana Riley, Teaneck
 1994-Jenna Rogers, Ridgewood
 1995-
 1996-Marissa Jackson, Hackensack
 Stephanie Doyle, Ridgewood
 1997-Carlene Cummings, Englewood
 1998-Mahasin Pegeise, Rutherford
 1999-Courtney Cubicciotti, IHA
 2000-Jamie Lilien, Pascack Valley

 2001-Dianna Russini, Old Tappan
 2002-Anike Orimogunje, Queen of Peace
 2003-Julia Emanuel, Tenafly
 2004-Janine Davis, Queen of Peace
 2005-Michelle Smith, Teaneck
 2006-Kesley Ramsey, Ramapo
 Alex Rosenberger, Ramsey
 2007-Cristina Law, Ridgewood
 2008-Sarah Pagano, IHA
 2009-Myasia Jacobs, Paramus Catholic
 2010- Myasia Jacobs, Paramus Catholic
 2011-Katelyn Ary, Demarest
 2012-Deanna DiLandro, Ramapo
 2013-Tatiana Sanders, Paramus Catholic
 2014-Catherine Pagano, Northern Highlands
 2015-Colleen Buckley, IHA
 2016-Jillian DiGiacinto, Hasbrouck Heights
 2017-Olivia Florio, Northern Highlands
 2018-Caroline O'Sullivan, Old Tappan

MIKE GLYNN AWARD (BOYS TRACK)

1978-Clayton Lloyd, Hackensack
 1979-Doug Jackson, Hackensack
 1980-Doug Jackson, Hackensack
 1981-none
 1982-Darryl McFarlane, Teaneck
 1983-Dexter Hairston, Teaneck
 1984-Jim Woods, River Dell
 1985-Greg Horner, Don Bosco
 1986-Lamonte Brown, Demarest

MIKE GLYNN AWARD (BOYS TRACK)

1987-Chris Rae, Ridgewood
 1988-Matt Goodman, Dumont
 1989-Bob Howard, Old Tappan
 1990-Ken Flynn, Ramsey
 1991-Moses Mekbeb, Cliffside Park
 1992-Rob Reeder, Northern Highlands
 1993-Courtney Davis, Hackensack

1990-Young Park, Dwight-Englewood
 1991-Megan Burke, Glen Rock
 1992-Teri Martin, Hackensack
 1993-Kristi Nukk, Mahwah
 1994-Jen Dougherty, Ramsey
 1995-
 1996-Carlene Cummings, Englewood

 1997-Cheryl Burdick, Ramsey
 1998-Cheryl Burdick, Ramsey
 1999-Jenn Flinchum, Demarest
 2000-Jen Austin, Garfield
 Maritsa Christoudias, Ramsey
 2001-Jessica Fazekas, Demarest
 2002-Jessica Fazekas, Demarest
 2003-Jessica Hatton, Ridgefield Park
 2004-Daina Pucurs, Demarest
 2005-Mallory Longfield, Indian Hills
 2006-Cassie Wong, Ridgewood
 Consandria Walker, Hackensack
 2007-April Kaiser, Park Ridge
 2008-Alex Rosenberger, Ramsey
 2009-Shannon Sullivan, IHA
 2010-Rae Corbo, Paramus Catholic
 2011-Jamie Klein, Paramus Catholic
 2012-Amanda Fields, Holy Angels
 2013-Lisa Sesink-Clee, Holy Angels
 2014-Kailee Oakes, Westwood
 2015-Jessica Molina, Westwood
 2016-Maryam Hassan, Cresskill
 2017-Michelle Rubinetti, Demarest
 2018-Jenna Rogers, Rutherford

ED CHURCH AWARD (BOYS FIELD)

1978-Scott Palmer, Teaneck
 1979-none
 1980-none
 1981-Ed Alston, Hackensack
 1982-Bruce Bacchiocchi, Dumont
 1983-Bruce Bacchiocchi, Dumont
 1984-Andy Papathanassiou, Emerson
 1985-Andy Papathanassiou, Emerson
 1986-Scott Miller, Elmwood Park

ED CHURCH AWARD (BOYS FIELD)

1987-Lamonte Brown, Demarest
 1988-Gerald Spears, Teaneck
 1989-Dave Frazier, Rutherford
 1990-Rich Miller, Cresskill
 1991-Troy Cromwell, Pascack Valley
 1992-Matt Psaltis, Fair Lawn
 1993-Robert Mompont, Teaneck

1994-Joe Dawkins, Hackensack
1995-Joe Dawkins, Hackensack
1996-David Stein, Glen Rock
1997-Tom Redmond, Bergen Catholic
1998-Cary Snyder, Demarest
1999-Joe Velazquez, Paramus
2000-Josh Kauke, Ridgewood
2001-Adrian Durant, Teaneck
2002-Miles Austin, Garfield
2003-Dave Lado, Ridgefield

2004-Dan Oquendo, Hackensack
2005- Michael Ray Garvin, Don Bosco
2006-Sharif Webb, Don Bosco
2007-Da'mon Merkerson, St. Mary's
2008-Hayden Duffy, Emerson
2009-Mark Filandro, Indian Hills
2010-Kevin Condal, Hasbrouck Heights
2011-Bryan Murphy, Teaneck
2012-Deandre Jennings, Hackensack
2013-Ben Malone, Pascack Valley
2014-Chris Estrella, Ridgefield Park
2015-AJ Hall, Pascack Valley
2016-Colin and Will Daly, River Dell
2017-Rahmir Johnson, Bergen Catholic
2018-Hank Anderson, Indian Hills

1994-Justin Schwartz, Glen Rock
1995-Justin Schwartz, Glen Rock
1996-Frank Chamberlin, Mahwah
1997-John Dixon, Ridgefield Park
1998-J.D. Murdoch, Ridgewood
1999-Mike Murphy, New Milford
2000-Dan Cooper, Ridgewood
2001-Brent Hobbs, Don Bosco
2002-Jim Malizia, St. Joseph Regional
2003-Jean Beljour, Hackensack
 Vernard Hoover, Hasbrouck Heights
2004-Adam Sacher, Pascack Valley
2005-Doug Klopacz, St. Joseph Regional
2006-Paul Kovach, Ridgewood
2007-Geoff Goidell, Pascack Hills
2008-Chris Phipps, Lodi
2009-Kevin Steimle, Mahwah
2010-Kaleb Zuidema, Midland Park
2011-Kaleb Zuidema, Midland Park
2012-Jong Min-Youn, Old Tappan
2013-
2014-Luke Annichiarico, Old Tappan
2015-Drew Tummino, River Dell
2016-Frankie Richard, Northern Highlands
2017-Gio Gutierrez, Saddle Brook
2018-Tyler Hrbek, Old Tappan

BERGEN COUNTY RECORDS

BOYS

100 METERS – 10.31 by Joe Dawkins, Hackensack, 1995 and 10.2 by Chris Charles, Park Ridge, 2000
200 METERS – 21.13 by Jabrill Peppers, Paramus Catholic 2013
220 YARDS – 20.9 by Bill Walker, Englewood, 1965
400 METERS – 47.17 by Walter McCall, Hackensack, 1986
440 YARDS – 47.4 by Joe Bryant, Englewood, 1966
800 METERS – 1:50.10 by Patrick Rono, Lyndhurst, 2011
880 YARDS – 1:52.2 by Roger Jones, Ramsey, 1977
1600 METERS – 4:09.35 by Bob Keino, Ridgewood, 1994
ONE MILE – 4:05.59 by Ben Malone, Pascack Valley, 2013
3200 METERS – 8:55.41 by Kyle Levermore, Don Bosco, 2013
TWO MILES – 9:02.2 by Tim Conheeny, Paramus Catholic, 1973
110 METER HIGH HURDLES – 13.8 by Greg Horner, Don Bosco, 1985 and Jerome Pemberton, Hackensack, 1986
400 METER INTERMEDIATE HURDLES -- 51.92 by Anthony Hampton, Englewood, 1994
SHOT PUT -- 68-3 by Andy Papatthanassiou, Emerson, 1985
DISCUS -- 189-2 by Mike Buncic, Fair Lawn, 1980
JAVELIN – 224-1 by Kaleb Zuidema, Midland Park, 2010
HIGH JUMP -- 6-10 by Scoot Palmer, Teaneck, 1979
TRIPLE JUMP -- 50-5 by Chris Phipps, Lodi, 2008
LONG JUMP -- 25-0 ½ by Corey Crawford, Indian Hills, 2010
POLE VAULT -- 15-7 ½ by Liam Landau, Pascack Hills, 2018
4 x 400 METER RELAY -- 3:15.15 by Teaneck, 2010

GIRLS

100 METERS -- 11.44 by Myasia Jacobs, Paramus Catholic, 2010
200 METERS -- 23.73 by Myasia Jacobs, Paramus Catholic, 2010
400 METERS -- 54.68 by Dana Riley, Teaneck, 1993
800 METERS -- 2:05.80 by Corinne Myers, Westwood, 2014
1600 METERS -- 4:41.61 by Josette Norris, Tenafly, 2013
3200 METERS -- 10:25.57 by Josette Norris, Tenafly, 2014
100 METER INTERMEDIATE HURDLES -- 14.05 by Grace O'Shea, Ramapo, 2018 (13.8 handtimed by Smith, 2005)
400 METER INTERMEDIATE HURDLES -- 60.08 by Alexandra Cimino, Westwood, 2013
SHOT PUT -- 48-10 by Amarys Berry, Hackensack, 2016
DISCUS -- 143-4 by Jenn Flinchum, Demarest, 1999
JAVELIN – 155-8 by Daina Pucurs, Demarest, 2004
HIGH JUMP – 6-0 ¾ by Jenna Rogers, Rutherford, 2017
TRIPLE JUMP -- 42-2 ¾ by Carlene Cummings, Englewood, 1998
LONG JUMP -- 19-5 ¾ by Tatiyanna Sanders, Paramus Catholic, 2014
POLE VAULT – 12-7 by Melissa Purcell, Pascack Valley, 2018
4 x 400 METER RELAY -- 3:51.44 by Northern Highlands, 2013

MEET RECORDS

BOYS

100 METERS -- 10.61 by Michael Ray Garvin, Don Bosco, 2005 and Jabrill Peppers, Paramus Catholic, 2013
200 METERS -- 21.46 by Michael Ray Garvin, Don Bosco, 2005
400 METERS -- 47.94 by Kevin Condal, Hasbrouck Heights, 2010
800 METERS -- 1:50.39 by Josh Kauke, Ridgewood, 2000
1600 METERS -- 4:11.88 by Colin Daly, River Dell, 2016
3200 METERS -- 9:14.1 by Ken Flynn, Ramsey, 1990 and Rob Reeder, Northern Highlands, 1992
110 METER HIGH HURDLES -- 13.8 by Greg Horner, Don Bosco, 1985
14.06 by Dan Oquendo, Hackensack, 2005
400 METER INTERMEDIATE HURDLES -- 53.46 by Dave Lado, Ridgefield, 2003
SHOT PUT -- 65-8 ½ by Andy Papatthanassiou, Emerson, 1985
DISCUS -- 181-9 by Steve Adams, St. Joseph Regional, 1970
JAVELIN -- 222-5 by Bruce Bacchiocchi, Dumont, 1982 (OLD)
JAVELIN -- 214-1 by Kaleb Zuidema, Midland Park, 2011 (NEW)
HIGH JUMP -- 6-9 by Jean Beljour, Hackensack, 2003
TRIPLE JUMP -- 50-5 by Chris Phipps, Lodi, 2008
LONG JUMP -- 23-6 ¼ by Chris Phipps, Lodi, 2008
POLE VAULT -- 15-5 by Tyler Hrbek, Old Tappan, 2018
4 x 400 METER RELAY -- 3:18.10 by Ridgewood, 2010

GIRLS

100 METERS -- 11.96 by Anike Orimogunje, Queen of Peace, 2002
200 METERS -- 23.94 by Myasia Jacobs, Paramus Catholic, 2010
400 METERS -- 55.39 by Amy Salek, Ramapo, 2008
800 METERS -- 2:08.9 by Jasmin Jones, Hackensack, 1986
1600 METERS -- 4:54.8 by Patty Mileski, Ridgewood, 1983
3200 METERS -- 10:33.9 by Jenna Rogers, Ridgewood, 1994
100 METER INTERMEDIATE HURDLES -- 14.4 by Melene Thomas, Garfield, 1994
100 METER INTERMEDIATE HURDLES -- 14.52 by Michelle Smith, Teaneck, 2005
400 METER LOW HURDLES -- 61.58 by Jillian DiGiacinto, Hasbrouck Heights, 2016
SHOT PUT -- 46-9 by Jessica Molina, Westwood, 2015
DISCUS -- 137-11 by Jenn Flinchum, Demarest, 1999 and Jessica Fazekas, Demarest, 2002
JAVELIN -- 155-8 by Daina Pucurs, Demarest, 2004
HIGH JUMP -- 5-10 by Jenna Rogers, Rutherford, 2018
TRIPLE JUMP -- 40-10 ½ by Carlene Cummings, Englewood, 1998
LONG JUMP -- 19-0 ½ by Jen McDermott, Ridgewood, 1988
4 x 400 METER RELAY -- 3:51.44 by Northern Highlands, 2013
POLE VAULT -- 12-6 by Michelle Rubinetti, Demarest, 2017